



# British Columbia Staycation Guide: Nelson in the Kootenays

**Nelson**, located in the **Kootenay region** of British Columbia, is a vibrant mountain town where historic streets meet stunning fall scenery. Autumn colours light up the surrounding mountains and lakes, creating perfect opportunities for scenic paddles, photography, and hiking. Nelson's downtown area is filled with artisan shops, cafés, and galleries, offering a blend of small-town charm and cultural experiences.

Visitors can explore **Kokanee Glacier Provincial Park** for breathtaking autumn hikes, or enjoy tranquil lakeside walks to admire the season's vibrant palette. The town's lively cultural scene, combined with outdoor adventures, makes it an ideal destination for autumn staycations.

## Highlights

- Historic downtown streets framed by autumn colours.
- Tranquil lakeside paddles and Kokanee Glacier hikes.
- Artisan shops and farm-to-table dining experiences.

## Suggested Itinerary (2-3 Days)

### Day 1

- » Stroll Baker Street and enjoy a coffee.
- » Afternoon paddle on Kootenay Lake.

### Day 2

- » Hike or drive to Kokanee Glacier Provincial Park for autumn views.
- » Evening at a local brewery or café.

### Day 3

- » Visit art studios and cultural spots.
- » Brunch in town before departure.

## Seasonal Tips

- Best time to visit: September to mid-October for vibrant fall colours.
- Bring outdoor gear for lake and mountain activities.
- Check hours for artisan shops and galleries.

## Notes

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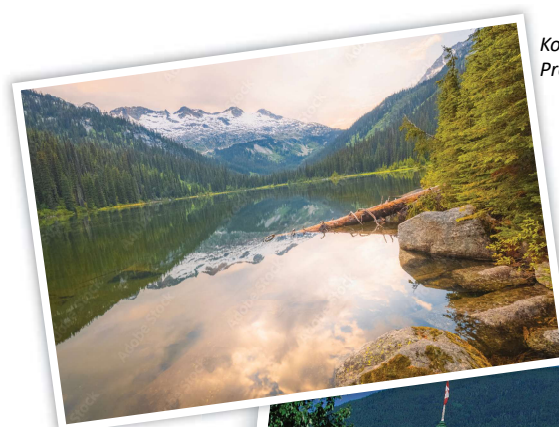
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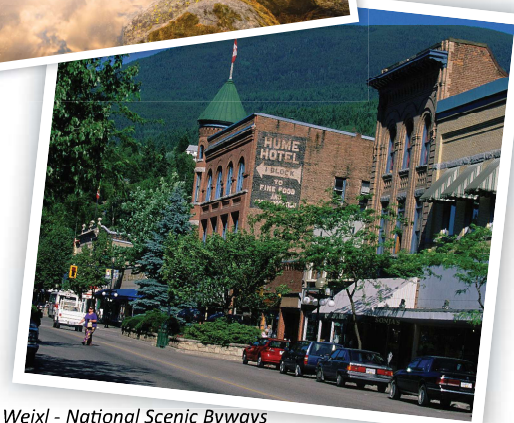
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Kokanee Glacier  
Provincial Park



Baker Street By Don Weixl - National Scenic Byways  
Program - <http://www.fhwa.dot.gov/byways/photos/62808>, Public  
Domain, <https://commons.wikimedia.org/w/index.php?curid=19265463>